

Sept. 2017

WHITEHALL SCHOOL DISTRICT MENU

Grades 9-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4

Labor Day

5

Chicken Nuggets  
w/Dinner Roll

Whipped Potatoes  
Baby Carrots w/Dip  
Chilled Pears  
Strawberries

6

Grilled Cheese Sandwich  
or Salad Bar

Tomato Soup  
Lettuce Salad  
Mixed Fruit  
Orange Smiles

7

Chicken Fajita 8"  
w/Lettuce &  
Diced Tomatoes

Steamed Rice  
Broccoli w/Cheese Sauce  
Peach Slices  
Blueberry-Apple Crisp

8

Hot Ham & Cheese  
on a Bun  
or Salad Bar

Raw Veggies w/Dip  
Baked Beans  
Applesauce  
Melon Slices

11

Hamburger or Fish  
on a Bun  
or Salad Bar

Coleslaw  
Whole Kernel Corn  
Applesauce  
Orange Smiles

12

Deli Turkey & Cheese Wrap  
w/Lettuce & Tomatoes  
or Salad Bar

Broccoli w/Cheese Sauce  
Peach Slices  
Fresh Apple Slices  
Chocolate Chip Cookie

13

Lings Mandarin Orange Chicken  
or Chicken Tenders  
or Salad Bar

Steamed Rice  
Lettuce Salad  
Early June Peas  
Chilled Pears  
Banana

14

Breaded Pork Chop  
w/Dinner Roll  
or Salad Bar

Raw Veggies w/Dip  
Au gratin Potatoes  
Mandarin Oranges  
Melon Slices

15

Super Nachos

Refried Beans  
Carrot Coins  
Mixed Fruit  
Fresh Fruit

18

Meatballs & Gravy w/  
w/2 Dinner Rolls  
or Salad Bar

Whipped Potatoes  
Baby Carrots w/Dip  
Pineapple Tidbits  
Fresh Apple

19

Chicken Patty on a Bun  
w/Lettuce

Raw Veggies w/Dip  
Baked Beans  
Applesauce  
Banana  
Pumpkin Bar

20

Cheese Stuffed Sticks  
Marinara Sauce  
or Salad Bar

Lettuce Salad  
Whole Kernel Corn  
Chilled Pears  
Orange Smiles

21

Hamburger or Rib  
on a Bun  
or Salad Bar

Sweet Potato Fries  
Early June Peas  
Mixed Fruit  
Melon Slices

22

Wild Mike's Cheese or  
Pepperoni Pizza

Lettuce Salad  
Broccoli w/Cheese Sauce  
Peach Slices  
Fresh Fruit

25

Lasagna Roll up  
w/Meat Sauce  
Garlic Bread Stick  
or Salad Bar

Whole Kernel Corn  
Baby Carrots w/Dip  
Orange Smiles  
Chilled Pears

26

Roasted Chicken w/Biscuit  
or Salad Bar

Lettuce Salad  
Whipped Potatoes  
Peach Slices  
Banana

27

Popcorn Chicken  
w/Dinner Roll

Raw Veggies w/Dip  
Broccoli w/Cheese Sauce  
Pineapple Tidbits  
Fresh Apple

28

Pizzaburgers  
or Salad Bar

Lettuce Salad  
Carrot Coins  
Mandarin Oranges  
Melon Slices

29

Philly Steak & Cheese Sub  
or Cold Cut Sub  
or Salad Bar

Potato Smiles  
Coleslaw  
Baked Beans  
Applesauce  
Fresh Fruit

Fat free chocolate & white milk is offered at all meals.  
USDA is an equal opportunity provider and employer.  
All Menus are Subject to Change